



# THE SHARKS ACADEMY

## INFORMATION PACK

**The Sharks Academy** is a world-class rugby academy which is accredited by SA Rugby and backed by a strategic partnership with the Sharks, arguably the most professional rugby union in South Africa. **The Sharks Academy** offers a full-time, three-year course designed for young people with a passion for rugby and a desire to pursue a career in the sport.

“The success of **The Sharks Academy** over recent years can be accredited to the professional environment that has been created for our rugby students, including the expertise of our coaches, our partnership with the Sharks, and our focus on providing every individual with the necessary skills and attributes to perform at his optimum. The results have seen many extremely talented young players graduate from the Academy into the professional rugby arena.”

Top young rugby players who are passionate about rugby and are interesting in pursuing a career in the sport can apply, with the main focus being predominantly school-leavers.

## **HISTORY**

The Sharks Academy Referee program was started in 2009 by Burton Hufkie (KZNRU Training and Education Manager) and is coordinated by Blake Beattie.

The aim of the Referee program is to assist young aspiring referees to develop and grow to the best of their ability whilst studying at the Sharks Academy.

### **PAST SHARKS ACADEMY REFEREE ACHIEVERS**

- **Sindile Mayende – SARRA National Panel**
- **Tahla Ntshakaza – SARRA National Panel**
- **Blake Beattie – SARRA Contender Panel**
- **Wesley Van Der Linde – SARRA Academy Squad**
- **Sanele Mdlalose – SARRA Academy Squad**
- **Greg Wedderburn – KZNRU Panel**
- **Zane Watson – KZNRU Panel**
- **Dieter Liebenberg – KZNRU Panel**
- **Luan Lotter – KZNRU Panel**
- **Sandile Nzuza – KZNRU Development Panel**
- **Martin Lotter – KZNRU Development Panel**
- **Nicholas Futter – KZNRU Development Panel**
- **Graciano Pienaar – KZNRU Development Panel**
- **Kelsey Symons – KZNRU Development Panel**

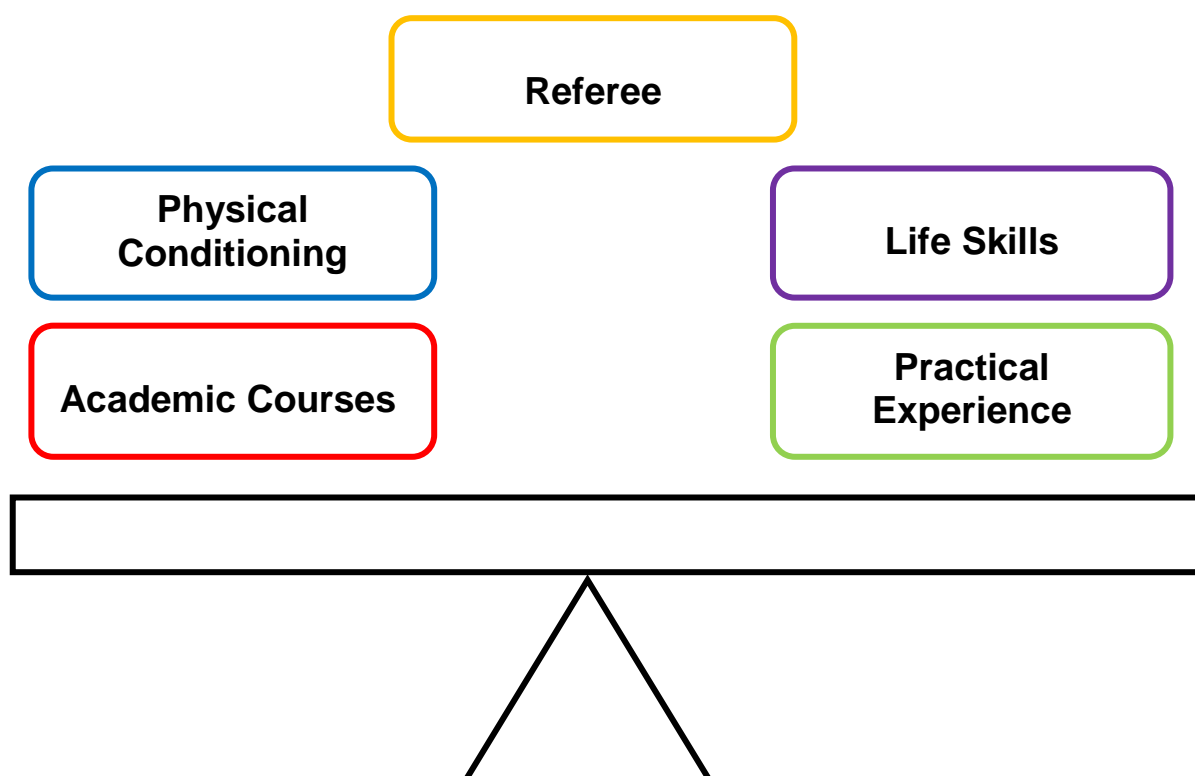
## THE SHARKS ACADEMY PERSONNEL

- ❖ Etienne Fynn (Managing Director & Forwards Coach)
- ❖ Annelien Richter (PA to Managing Director)
  
- ❖ Sean Everitt (Rugby Manager & Backline Specialist)
- ❖ Mike Vowles (Forward Specialist)
- ❖ Paul Anthony (Forward Specialist)
- ❖ Ricardo Loubscher (Backline Specialist)
- ❖ AB Zondagh (Backline Specialist)
  
- ❖ Wade Du Plessis (Soccer Manager)
- ❖ Syd Panday (Soccer Coach)
  
- ❖ Pieter Terblanche (Conditioning Manager)
- ❖ Max Moeketsi (Conditioning Trainer)
- ❖ Thulani Nteta (Conditioning Trainer)
- ❖ Blake Beattie (Referees & Technical Analyst)
  
- ❖ Patrick Dube (Kit Manager)
- ❖ Monique Laidlaw (Admin Manager & Student Counsellor)
- ❖ Natasha Williamson (Senior Administrator / Finance)
- ❖ Dalene Richards (Administrator / Reception)

## THE SHARKS ACADEMY OBJECTIVE

The most important focus of our Academy is to provide a **good balance** between:

1. Referee
2. Physical Conditioning
3. Academic Courses
4. Life Skills
5. Practical Experience



## TYPICAL WEEKLY TIMETABLE

<b>TIME</b>	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<b>07:50 to 09:00</b>	Referee Training	Conditioning	Referee Training	Conditioning	Rest
<b>09:00 to 10:00</b>	Conditioning	Referee Training	Conditioning	Referee Training	Rest
<b>10:00 to 10:30</b>	Shower	Shower	Shower	Shower	Rest
<b>10:30 to 12:30</b>	Academic	Academic	Academic	Academic	Academic
<b>12:30 to 13:30</b>	Lunch	Lunch	Lunch	Lunch	Lunch
<b>13:30 to 14:30</b>	Conditioning	Life Skills	Conditioning	Life Skills	Rest
<b>14:30 to 16:30</b>	Rest	Rest	Rest	Rest	Rest
<b>18:00</b>	Durban Referee Society Meeting will take place once a month in the evening, date and time will be confirmed. Otherwise evenings are free				

## **FACILITIES**

### **MEDICAL FACILITIES:**

All the Academy players have access to the following medical services at the Sharks Academy Medical Centre throughout the year:

- Doctor
- Physiotherapist
- Biokineticist
- Psychological Counsellor

The unique attraction of The Sharks Academy is the very good relationship that is maintained with the Sharks. Everything takes place at Jonsson Kings Park Stadium, Durban:

- Offices
- Lecture Rooms
- Training Fields
- Gym Facilities
- Dining Facilities

## **FULL-TIME COURSES OFFERED:**

### **COURSE OPTIONS:**

### **ACADEMIC PARTNER:**

**Option 1:** Basic Referee Programme

**Sharks Academy**

**Option 2:** Basic Referee Programme **plus**  
***IIE Bachelor of Commerce Degree***

**Varsity College**

**Option 3:** Basic Referee Programme **plus**  
***National Diploma in Fitness***

**eta College - Durban**

**Option 4:** Basic Referee Programme **plus**  
***Higher Certificate in Sport, Recreation &  
Fitness Management***

**eta College - Durban**

**Option 5:** Basic Referee Programme **plus**  
***IIE Higher Certificate in Business Principles  
and Practice***

**Varsity College**

**Option 6:** Basic Referee Programme **plus**  
***Diploma/Degree in Sports Science &  
Management***

**Durban University of  
Technology**

(From February to October)

***Full-time Academic Courses are held at the Academy Facilities at the  
Jonsson Kings Park Stadium - Durban.***

## **Option 1: Basic Referee Programme** **(1–3 YEARS)**

### **1 REFEREE**

After following a focused, balanced 3-year Rugby Curriculum, talented young players should be competent, confident and professional in the following aspects:

- ↪ Individual Positional play
- ↪ Supreme tactical understanding and execution
- ↪ Capability of coaching up to IRB Level 1
- ↪ Qualified to referee at school and club level
- ↪ BokSmart Accreditation

### **2 PHYSICAL CONDITIONING**

- ↪ Theory classes on conditioning training
- ↪ Individual evaluation and assessment of training needs
- ↪ Training programme for off-season, pre-season and in-season
- ↪ Continuous guidance, coaching and supervision in the Sharks gym

### **3 PERSONAL LIFE-SKILLS DEVELOPMENT**

- ↪ Ownership & Goal Setting
- ↪ Nutrition and Supplements
- ↪ Professionalism
- ↪ Sports Injuries
- ↪ Substance Abuse
- ↪ Mental Training
- ↪ Media Relations
- ↪ Financial Planning
- ↪ Ethics in Sport
- ↪ Time Management & Prioritising
- ↪ Anger Management
- ↪ Stress Management

### **4 PRACTICAL EXPERIENCE AND EXPOSURE**

- ↪ Work at Provincial matches and Tests at the Growthpoint Kings Park Stadium
- ↪ Coaching Clinics for school teams and touring teams
- ↪ Coaching at schools in conjunction with KZN Rugby Union
- ↪ Work Experience at other sports events



## **Additional Elements Include:**

- Range of clothing (Playing, training and casual kit)
- Healthy and nutritious lunches on days attending the Academy
- Gym facilities
- Team building excursions
- All stationery, course notes, books, diplomas, class photos, etc.
- Accommodation can either be arranged through Durban – based rugby clubs or own accommodation to be arranged.
- Tickets for all Super Rugby and Currie Cup pool matches at the **Growthpoint Kings Park Stadium.**
- Work experience at Sharks Matches



### **The Sharks Academy**

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